

Sinan Temizalp received his formal dance education in Classical Ballet from the *State School of Arts* in Hacette University Conservatorie.



Sinan started his gymnastic carrier when he was 7. Following his classical Ballet education with the State school of Arts he went on to receive training in contemporary dance, sufi movement meditations, breathing techniques, yoga. He works at dance companies such as Atelier Dance and Ensemble in Ankara. He took workshops from international choreographers with MDT

(Ankara Modern Dance Ensemble) such as contact Improvisation, Risk, Limon, Alexander technique, High and Low Flying, Pilates and Partnering.

Temizalp's East/West explorations inspired him to create a new technique which he calls "Meditative Dance" – a fusion of the aforementioned East/West elements.

In 2003 Temizalp opened his dance studio *Simya Movement Atelier*. In this venue he teaches classes, gives workshops, and produces events such as performances, drama and dance programs with international artists. In addition to teaching out of his studio Temizalp has given seminars and interactive workshops in various festivals, symposia and events in national and world wide such as Natura (Body and Mind Health Festival), Ikos festival, and Positive Change symposium.

Sinan is a member of European Independent artists organisation as a performing artist and he is also representative of organisation in Turkey. He is working on preparation of meetings and festivals. And he has performed at open air scenes in dance festivals such as Galata perform and Natura festivals. He makes choreography work for independent theatres. (last time for Kent Theatre) and is presently working on his latest play 'Quantum Jump'. He is making show projects with a group in Santa Barbara U.S.A; SonneBlauma.

At **Sinan Temizalp's** lessons, a variety of techniques are used for maximizing movement availability; classical ballet, modern techniques – risk and flying- including the basic level of acrobatics and gymnastics. Sinan Temizalp also makes use of ancient body work and concentration methods in his lessons, as well as movement meditations to deepen the feeling.

Activities:

Classes on Meditative Dance, Body Conditioning, Helen Technique, Pilates-Med / Yoga-Pilates, Modern Dance, Drama

Theater groups – basic and advanced movement training and choreography.

Projects: Meditative Dance ®

Performances: In the midst of the night (2002), SuperEgo (2003), Zero Point (2005-06), Quantum Jump (2008)